

How “Survivor’s Guide to True Crime” is changing the podcast genre and reclaiming survivor stories

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A new podcast by survivors, with survivors, and for survivors is taking over the true crime genre.

Survivor’s Guide to True Crime, a podcast hosted by Kimberly Corban and Kara Robinson Chamberlain, has launched its first season and already features an impressive guest list including Elizabeth Smart, Amanda Knox, Jaycee Dugard, Jazz Thornton and Barrett Pall.

The pair are not just interviewing survivors, they are survivors themselves. Corban and Robinson Chamberlain are flipping the true crime genre on its head by reclaiming ownership over stories like theirs.

[Corban](#) endured a grueling sexual assault by a stranger who broke into her college apartment. She gathered evidence and immediately reported the crime, serving as the key witness in her assailant’s conviction at his criminal trial one year later.

At 15 years old, [Robinson Chamberlain](#) was kidnapped from her best friend’s front yard in broad daylight and was held captive, repeatedly sexually assaulted by a stranger. She later escaped, ultimately providing information that led authorities to her assailant’s capture and the discovery that he was a serial killer.

Both women have career backgrounds in criminal justice, victim advocacy, and media. Having originally found each other on TikTok, their friendship was instantaneous. The pair are outspoken survivors with a penchant for dark humor and inspiring video creation. After years of having their own stories publicly exploited and shared without their consent, Corban and Robinson Chamberlain decided to set the standard for trauma-informed true crime content themselves.

“I can’t tell you how many times I have been scrolling through social media and my face just pops up. It’s always some stranger telling their followers about my story without my consent, getting details incorrect, and profiting off my trauma. It’s revictimizing and it needs to change.” Robinson Chamberlain said.

After a year of behind-the-scenes work and planning, Corban and Robinson Chamberlain [launched](#) ‘Survivor’s Guide to True Crime’ on February 8th, 2023, the same week Robinson Chamberlain’s Lifetime original movie “[The Girl Who Escaped: The Kara Robinson Story](#)” premiered.

The response was overwhelming, and devoted listeners are already hooked.

“The guests are inspirational and the hosts are authentic and qualified to speak on this topic. This podcast has truly helped me rethink how survivors stories are told and how I consume true crime.” –iTunes review by theikelife

“If you listen to or consume true crime content, you absolutely owe it to the survivors to hear their stories and perspectives. I’m really thankful to have found Kara and Kim’s podcast and will be a regular listener. Their confidence and strength is inspiring!” – iTunes review by lavenderspring

For now, Corban and Robinson Chamberlain are independently producing the show, attributing the choice to maintaining total autonomy over the final product for each guest survivor they work with. All episodes include proper content warnings, calls to action, and applicable resources to seek support or more information. Corban and Robinson Chamberlain are also planning to donate a portion of their profits to charitable organizations directly serving survivor populations.

Corban said “We had to navigate being victims to becoming survivors on our own. We want to change that for others moving forward and be a beacon of hope; a point of light they can look to and not feel so alone.”

By using the platform to connect their audience with fellow survivors who are actively involved in every aspect of the production and sharing process, listeners can expect to hear conversations unlike any other.

Robinson Chamberlain said “We’re creating a safe space amongst friends to talk about the very worst things we’ve been through with people who just *get it*. We can cry and laugh and thrive all at once. That is the kind of connection you won’t find anywhere else in this genre.”

Survivor’s Guide to True Crime releases new episodes every Wednesday and is [available now](#) on all major podcast streaming platforms.

About Survivor’s Guide to True Crime

‘Survivor’s Guide to True Crime’ is an interview-style podcast hosted by victim advocates Kimberly Corban and Kara Robinson Chamberlain. Hear the true stories of survival, healing, and hope beyond the headlines, directly from the guest survivors themselves.

Through these candid conversations, Survivor’s Guide to True Crime educates and empowers listeners—inspiring individuals with calls to action and providing tools to create stronger communities.

More information can be found on survivorsguidetotruecrime.com.

[Full resolution images can be obtained here.](#)

If you or someone you know is in need of crisis support services, please contact the Rape Abuse Incest National Network (RAINN) by calling 1-800-656-4673 or by visiting rann.org to access the 24/7 free and confidential chat option.

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